

CADET HEALTH/ WELLNESS PROGRAM
CADET PARTICIPATION CONSENT HEALTH SCREENING QUESTIONNAIRE
SY: 2019 UNIT: SC-20081

AFJROTC Cadet Health/Wellness Program is designed to work with the cadet to help them improve their physical fitness. All physical activity sessions will be supervised and monitored by at least one of our instructors. These sessions include walking, running, and calisthenics exercises. The AFJROTC instructors have been trained in administering CPR if needed.

Parent/Guardian

By granting permission, we understand there are risks associated with any physical activity. It is our responsibility to inform the AFJROTC instructor of anything that should keep our child from participating in the AFJROTC Cadet Health/Wellness Program. In the event of a medical problem, we understand that any medical care that may be required is our personal financial responsibility.

Form box containing signature lines for Cadet, Parent/Guardian, and Date, along with a YES-NO permission statement.

It is mandatory to complete this screening form prior to participating in the Cadet Health/Wellness Program.

Return this completed questionnaire to your SASI or ASI, and advise them if you responded "Yes" to any of the questions below.

- 1. Has there been any significant change to your health in the past 6 months?
2. Are you currently on a medical profile exempting you from PT activities?
3. Has a physician ever indicated you have heart disease, heart or breathing troubles?
4. Have you experienced a significant weight change in the past 6 months?
5. Have you ever been diagnosed or displayed symptoms of heat stress?
6. Do you take any dietary, herbal or nutritional supplements...
7. Do you have any other medical issues that may cause a safety concern during physical exercise?

Note: If a cadet's health status changes during this school year cadet will notify AFJROTC instructor

This form is to gather information to be used for screening a candidate for participation as an AFJROTC cadet in the following areas: AFJROTC Cadet Health Wellness Program, Photo Consent and Cadet Access Module participation. This form is for internal use only